## Active Learning

Times Table Squats

## How to Play:

- With a partner or in a small group decide on a focus times table.
- Take it in turns to squat and shout out the correct multiples in order e.g. for 5 times table; 5, 10, 15, 20, etc.
- Challenge yourself to go as high as you can go with your times tables while squatting as low as you can go.
- Maybe one player could squat and call the sum and the other player squats and calls out the answers.



## 1

Key Vocabulary

## Multiple

A number that can be divided by another number a certain number of times without a remainder.

Silver Star

> Call out the times table backwards


$5 \times 4$
$=$
20

9\%)|
YOUTH
SPORT
TRUST

